

**ILH Varsity Swim & Dive Championships - 1/29/2010 to 1/30/2010****Punahou School****Results****Event 1 Girls 1 mtr Diving**

Name	Yr	School	NT	Finals Score	Points
1 Chinn, Kathryn	JR	Punahou School	NT	421.40	6
2 Zarka, Maria	SO	St. Andrew's Priory	NT	394.50	4
3 Maginot, Ashley	JR	Island Pacific Academy-HI	NT	342.30	3
4 Lim, Cristin	JR	Iolani School	NT	311.40	2
5 Alliata, Allia	JR	La Pietra School	NT	288.00	1
6 Kumura, Jennifer	SO	Iolani School	NT	265.95	
7 Salcedo, Juliet	JR	Kamehameha Schools Kapalama-I	NT	169.35	

**Event 2 Boys 1 mtr Diving**

Name	Yr	School	NT	Finals Score	Points
1 Madanay, Spencer	SO	Punahou School	NT	421.60	6

**Event 3 Girls 200 Yard Medley Relay****2:00.79 QUAL****2:10.49 CONS**

Team	Relay	Seed Time	Finals Time	Points
1 Punahou School	A	1:57.86	1:53.67 QUAL	12
1) Ng, Naomi SO 29.31 31.48 27.88	2) Halemano, Brandi JR 25.00	3) Hirose-Hulbert, Brailey JR	4) Kahanamoku-Snelling, Sara	
2 Iolani School	A	1:57.10	1:55.01 QUAL	8
1) Kimura, Kelcie JR 28.73 33.53 27.29	2) Kheradpey, Shireen JR 25.46	3) Whang, Caitlyn FR	4) Ayabe, Asia SR	
3 Kamehameha Schools Kapala	A	1:58.06	1:58.34 QUAL	6
1) Ontai, Allyson SO 29.79 33.10 29.02	2) Kaniho, Catia Marie SO 26.43	3) Goodness, Charlea JR	4) Wada, Kaylee SR	
4 Pac-5-HI	A	1:58.78	2:01.52 CONS	4
1) Fajota, Breyana JR 33.05 32.91 29.49	2) Chan, Chelsea SR 26.07	3) Wong, Rachel JR	4) Liu, Chelsea SR	
5 Le Jardin Academy-HI	A	2:05.33	2:06.41 CONS	2
1) Anding, Erin SR 30.83 37.49 29.29	2) Ing, Larisa SR 28.80	3) Randall, Rachel FR	4) Cleghorn, Libby SR	

**Event 4 Boys 200 Yard Medley Relay****1:47.79 QUAL****2:01.99 CONS**

Team	Relay	Seed Time	Finals Time	Points
1 Punahou School	A	1:42.28	1:41.08 QUAL	12
1) Ng, Nigel JR 26.28 27.17 24.91	2) Okimura, Marc SR 22.72	3) Lum, Andrew SO	4) Fee, Thomas SR	
2 Kamehameha Schools Kapala	A	1:44.60	1:42.11 QUAL	8
1) Ai, Kale FR 27.24 27.43 25.17	2) Uy, Evan JR 22.27	3) Alapa, Tiloi SR	4) Amina, Tyler SR	
3 Iolani School	A	1:52.00	1:49.46 CONS	6
1) Lim, David JR 27.00 30.60 27.23	2) Nichols, Chris JR 24.63	3) Grune, Connor SO	4) Hartwell, Tom JR	
4 Le Jardin Academy-HI	A	1:55.42	1:51.56 CONS	4
1) Carmody, Andrew SO 29.38 31.61 28.71	2) Chun, Ryan SO 21.86	3) Kurzeja, Brian SO	4) Blau, Jacob JR	
5 Pac-5-HI	A	1:59.26	1:56.92 CONS	2
1) Liu, Andrew JR 32.20 28.44 28.64	2) Yee, Alex JR 27.64	3) Lum, Patrick FR	4) Sterling, Allen SR	

**ILH Varsity Swim & Dive Championships - 1/29/2010 to 1/30/2010****Punahou School****Results****Event 5 Girls 200 Yard Freestyle****2:03.89 QUAL****2:09.99 CONS**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Muranaka, Natsuko 28.02 30.15 30.90	FR	Pac-5-HI 30.07	1:59.23	1:59.14	QUAL 6
2 Sasaki, Kira 28.40 30.97 31.04	SR	Iolani School 30.03	2:04.12	2:00.44	QUAL 4
3 Randall, Rachel 28.15 30.48 31.31	SR	Le Jardin Academy-HI 30.69	1:59.66	2:00.63	QUAL 3
4 Yamashiroya, Jodie 28.77 30.24 31.75	SR	Iolani School 31.12	2:05.45	2:01.88	QUAL 2
5 Rask, Kendra 28.00 30.59 31.67	JR	Punahou School 31.72	2:03.60	2:01.98	QUAL 1
6 Kaalekahi, Kaiulani 28.77 31.13 31.84	JR	Pac-5-HI 32.78	2:05.81	2:04.52	CONS
7 Muilenburg, Danielle 28.92 31.13 32.68	SR	Punahou School 33.25	2:08.26	2:05.98	CONS
8 Miller, Courtney 29.41 31.81 33.24	SO	Punahou School 32.79	2:12.87	2:07.25	CONS
9 Zane, Heather 28.92 32.52 32.70	SO	Punahou School 33.87	2:05.98	2:08.01	CONS
10 Nagata, Kelcie-lei 29.46 32.26 33.24	SR	Iolani School 34.01	2:11.76	2:08.97	CONS
11 Fukada, Keileen 30.44 32.52 33.81	JR	Iolani School 34.26	2:13.23	2:11.03	
12 Omija, Rikki 32.13 35.13 36.43	JR	Kamehameha Schools Kapalama-I 34.89	2:17.92	2:18.58	
13 Hasebe, Jody 32.15 36.65 38.49	SR	Pac-5-HI 38.24	2:23.60	2:25.53	
14 Fuller, Chimera 31.94 36.21 38.13	JR	Mid-Pacific Institute-HI 39.29	2:28.34	2:25.57	
15 Tanigawa, Sara 33.94 37.32 38.75	SR	Pac-5-HI 38.13	2:31.78	2:28.14	
16 Folden, Jillian 34.32 38.49 40.88	SR	Kamehameha Schools Kapalama-I 42.64	2:46.03	2:36.33	

**Event 6 Boys 200 Yard Freestyle****1:52.79 QUAL****2:00.69 CONS**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Jones, Kevin 24.54 26.98 26.86	SR	Iolani School 26.95	1:47.44	1:45.33	QUAL 6
2 Kiessling, Robert 24.16 26.82 27.36	JR	Punahou School 28.34	1:47.57	1:46.68	QUAL 4
3 Moy, Kevin 24.92 27.31 28.22	SR	Punahou School 27.56	1:47.69	1:48.01	QUAL 3
4 Fee, Thomas 25.46 27.35 27.92	SR	Punahou School 27.79	1:49.66	1:48.52	QUAL 2
5 Kawano, Noel 24.78 27.54 28.65	SR	Kamehameha Schools Kapalama-I 28.49	1:49.05	1:49.46	QUAL 1
6 Naone, Kaikena 24.57 27.94 28.81	FR	Kamehameha Schools Kapalama-I 28.59	1:53.03	1:49.91	QUAL

**ILH Varsity Swim & Dive Championships - 1/29/2010 to 1/30/2010****Punahou School****Results****(Event 6 Boys 200 Yard Freestyle)**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
7 Gilliland, Marcus 25.24 28.11 29.13	SO	Kamehameha Schools Kapalama-I	1:52.13	1:50.84	QUAL
8 Bickerton, Buster 26.87 30.50 30.28	FR	Punahou School	2:00.87	1:57.39	CONS
9 Lane, Benjamin 27.93 30.30 31.10	SR	Mid-Pacific Institute-HI	2:03.10	2:00.56	CONS
10 Butters, Jacob 27.39 30.49 32.23	JR	Iolani School	1:59.99	2:01.81	
11 Warren, Taylor 28.04 32.03 32.90	SO	Hananlani School-HI	NT	2:04.84	
12 Liu, Andrew 27.89 30.59 32.54	JR	Pac-5-HI	2:03.68	2:05.03	
13 Millar, Shaun 27.80 31.44 35.13	JR	Le Jardin Academy-HI	2:12.00	2:10.16	
14 Sprague, Chris 29.99 34.21 36.93	SO	Le Jardin Academy-HI	2:24.91	2:18.26	
15 Retke, Devin 30.85 35.16 38.08	FR	Pac-5-HI	2:24.01	2:22.24	

**Event 7 Girls 200 Yard IM****2:21.39 QUAL****2:28.59 CONS**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Goodness, Charlea 30.40 35.92 40.26	JR	Kamehameha Schools Kapalama-I	2:19.83	2:17.86	QUAL 6
2 Deer, LillyBelle 29.36 36.47 41.49	JR	Punahou School	2:19.59	2:18.01	QUAL 4
3 Lui, Courtney 30.72 36.00 40.15	JR	Iolani School	2:20.84	2:18.22	QUAL 3
*4 Wada, Kaylee 29.97 36.75 41.58	SR	Kamehameha Schools Kapalama-I	2:27.08	2:22.43	CONS 1.50
*4 Kaniho, Catia Marie 31.60 37.88 40.31	SO	Kamehameha Schools Kapalama-I	2:20.72	2:22.43	CONS 1.50
6 Halemano, Brandi 31.06 38.12 41.22	JR	Punahou School	2:25.11	2:23.41	CONS
7 Kaneshiro, Caitlin 31.18 38.19 41.28	FR	Punahou School	2:25.17	2:24.25	CONS
8 Shimabukuro, Cadie 30.87 36.75 44.91	SO	Iolani School	2:27.35	2:24.70	CONS
9 Ontai, Allyson 31.16 35.61 43.75	SO	Kamehameha Schools Kapalama-I	2:27.48	2:25.30	CONS
10 Hennies, Sarah 31.63 38.86 41.20	JR	Hananlani School-HI	2:24.34	2:26.94	CONS
11 Ippongi, Tyra 31.72 40.96 39.25	SO	Pac-5-HI	2:26.97	2:27.22	CONS
12 Mueller, Elizabeth 34.14 40.65 44.08	FR	Pac-5-HI	NT	2:36.46	
13 Fajota, Bryeana 33.79 39.42 45.81	JR	Pac-5-HI	2:37.41	2:36.64	
14 Lam, Risa 31.57 39.37 47.64	FR	Pac-5-HI	2:36.85	2:38.42	
15 Takamori, Tiffany 32.34 41.63 47.52	SR	Iolani School	2:37.96	2:39.80	

**ILH Varsity Swim & Dive Championships - 1/29/2010 to 1/30/2010****Punahou School****Results****(Event 7 Girls 200 Yard IM)**

Name	Yr	School	Seed Time	Finals Time	Points
16 Tomozawa, Malia	SR	Iolani School	2:48.87	2:49.25	
34.59 42.92 52.04		39.70			

**Event 8 Boys 200 Yard IM****2:08.49 QUAL****2:16.19 CONS**

Name	Yr	School	Seed Time	Finals Time	Points
1 Johnson, Kacy	SO	Iolani School	1:53.38	1:55.33	QUAL 6
24.46 29.46 33.21		28.20			
2 Okimura, Marc	SR	Punahou School	2:01.78	2:01.11	QUAL 4
25.98 32.29 33.93		28.91			
3 Uy, Evan	JR	Kamehameha Schools Kapalama-I	2:04.34	2:03.16	QUAL 3
27.55 32.00 35.08		28.53			
4 Saunders, Ryan	JR	Punahou School	2:08.95	2:05.81	QUAL 2
27.58 32.32 36.25		29.66			
5 Yee, Alex	JR	Pac-5-HI	2:09.63	2:08.18	QUAL 1
28.33 35.11 35.60		29.14			
6 Nishida, Jonathan	SO	Punahou School	2:08.68	2:09.65	CONS
27.58 35.64 34.90		31.53			
7 Terada, Sean	FR	Kamehameha Schools Kapalama-I	2:12.37	2:10.01	CONS
28.27 33.48 38.90		29.36			
8 Hartley, Kevin	FR	Kamehameha Schools Kapalama-I	2:12.72	2:10.74	CONS
1:02.28 38.30 30.16					
9 Lum, Patrick	FR	Pac-5-HI	2:22.24	2:22.37	
1:06.64 42.01 33.72					
10 Magota, Jonathan	SO	Pac-5-HI	2:23.11	2:24.91	
1:11.30 40.12 33.49					
11 Kurzeja, Brian	SO	Le Jardin Academy-HI	2:31.37	2:28.10	
1:07.20 47.27 33.63					
--- Hirstein, Austin	FR	Island Pacific Academy-HI	2:07.58	DQ	
27.34 31.72 39.14		31.06			
--- Rounds, Kai	SR	Punahou School	2:13.25	DQ	
1:02.48 38.00 30.44					

**Event 9 Girls 50 Yard Freestyle****25.59 QUAL****26.59 CONS**

Name	Yr	School	Seed Time	Finals Time	Points
1 Fujita, Rachel	SR	Punahou School	24.92	24.51	QUAL 6
2 Moody, Sammy	SR	Pac-5-HI	25.45	25.05	QUAL 4
3 Kimura, Kelcie	JR	Iolani School	25.88	25.09	QUAL 3
4 Kahanamoku-Snelling, Sara	SO	Punahou School	26.09	25.72	CONS 2
*5 Ayabe, Asia	SR	Iolani School	26.10	25.76	CONS .50
*5 Namba, Zoe	SO	Punahou School	26.04	25.76	CONS .50
7 Liu, Chelsea	SR	Pac-5-HI	26.61	26.60	
8 Chun, Sandy	SO	Iolani School	27.06	26.71	
9 Garrigan, Brittney	SO	Kamehameha Schools Kapalama-I	26.90	26.97	
10 Ifuku, Kelli Ann	JR	Iolani School	26.80	27.00	
11 Ai, Kehau	JR	Kamehameha Schools Kapalama-I	26.71	27.04	
12 Steele, Megan	SR	Punahou School	27.91	27.99	
13 Loui, Taylor	SR	Kamehameha Schools Kapalama-I	27.90	28.55	
14 Fuller, Chimera	JR	Mid-Pacific Institute-HI	29.56	28.66	

**ILH Varsity Swim & Dive Championships - 1/29/2010 to 1/30/2010****Punahou School****Results****(Event 9 Girls 50 Yard Freestyle)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
15	Ing, Larisa	SR	Le Jardin Academy-HI	28.64	28.72	
16	Rodrigue, Murielle	SO	Le Jardin Academy-HI	29.62	29.23	
17	Wilcox-Blundell, Tori	JR	Le Jardin Academy-HI	30.04	29.45	
18	Cleghorn, Libby	SR	Le Jardin Academy-HI	29.70	29.47	
19	Ching, Sierra	FR	Pac-5-HI	30.05	30.21	
20	Arakawa, Allison	JR	Pac-5-HI	33.48	33.57	

**Event 10 Boys 50 Yard Freestyle****23.09 QUAL****24.09 CONS**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1	Frifeldt, Jason	SR	Punahou School	22.30	22.31	QUAL 6
2	Blau, Jacob	JR	Le Jardin Academy-HI	22.79	22.56	QUAL 4
3	Kiessling, Robert	JR	Punahou School	22.70	22.59	QUAL 3
4	Hamamoto, Evan	FR	Iolani School	23.71	23.16	CONS 2
5	Naone, Kaikena	FR	Kamehameha Schools Kapalama-I	23.82	23.18	CONS 1
6	Smart, Jay	JR	Punahou School	NT	23.32	CONS
7	Amina, Tyler	SR	Kamehameha Schools Kapalama-I	23.32	23.33	CONS
8	Nichols, Chris	JR	Iolani School	23.55	23.54	CONS
9	Akiona, Gary	JR	Kamehameha Schools Kapalama-I	23.90	23.69	CONS
10	Alapa, Tiloi	SR	Kamehameha Schools Kapalama-I	23.50	23.87	CONS
11	Elsen, Josh	SR	Island Pacific Academy-HI	24.42	24.45	
12	Carmody, Andrew	SO	Le Jardin Academy-HI	24.78	24.63	
13	Toba, Jared	SR	Punahou School	25.64	24.89	
14	Ma, Christopher	JR	Pac-5-HI	25.04	24.90	
15	Hartwell, Tom	JR	Iolani School	25.78	25.43	
16	Chun, Ryan	SO	Le Jardin Academy-HI	28.10	27.31	
*17	Balais, Gabriel	SO	Pac-5-HI	28.37	27.52	
*17	Shimanoff, Jackson	SO	Le Jardin Academy-HI	27.84	27.52	
19	Sterling, Allen	SR	Pac-5-HI	28.07	27.68	

**Event 11 Girls 100 Yard Butterfly****1:03.89 QUAL****1:07.49 CONS**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1	Moody, Sammy 27.33 30.74	SR	Pac-5-HI	58.82	58.07	QUAL 6
2	Whang, Caitlyn 28.46 30.79	FR	Iolani School	1:00.02	59.25	QUAL 4
3	Hirose-Hulbert, Brailey 29.05 33.76	JR	Punahou School	1:02.92	1:02.81	QUAL 3
4	Sasaki, Kira 29.52 33.30	SR	Iolani School	1:04.54	1:02.82	QUAL 2
5	Sasaki, Alyssa 30.60 32.66	FR	Iolani School	1:02.79	1:03.26	QUAL 1
6	Goodness, Charlea 30.26 33.52	JR	Kamehameha Schools Kapalama-I	1:03.61	1:03.78	QUAL
7	Wada, Kaylee 29.50 34.32	SR	Kamehameha Schools Kapalama-I	1:06.15	1:03.82	QUAL
8	Garrigan, Brittney 30.07 34.11	SO	Kamehameha Schools Kapalama-I	1:03.73	1:04.18	CONS

**ILH Varsity Swim & Dive Championships - 1/29/2010 to 1/30/2010****Punahou School****Results****(Event 11 Girls 100 Yard Butterfly)**

Name	Yr	School	Seed Time	Finals Time	Points
9 Uyeno, Naomi 30.82 34.48	JR	Punahou School	1:05.78	1:05.30	CONS
10 Shimabukuro, Cadie 30.96 34.64	SO	Iolani School	1:05.88	1:05.60	CONS
11 Wong, Rachel 31.65 35.49	JR	Pac-5-HI	1:07.44	1:07.14	CONS
12 Morikubo, Jenna 31.47 37.69	SR	Pac-5-HI	1:09.24	1:09.16	
13 Ogino, Jayme 32.32 36.96	SR	Kamehameha Schools Kapalama-I	1:09.83	1:09.28	
14 Moy, Malina 32.47 36.84	SR	Punahou School	1:09.00	1:09.31	
15 Lam, Risa 32.64 37.12	FR	Pac-5-HI	1:10.54	1:09.76	

**Event 12 Boys 100 Yard Butterfly****58.89 QUAL****1:02.29 CONS**

Name	Yr	School	Seed Time	Finals Time	Points
1 Johnson, Kacy 24.31 27.02	SO	Iolani School	52.67	51.33	QUAL 6
2 Lum, Andrew 26.96 29.47	SO	Punahou School	56.16	56.43	QUAL 4
3 Richmond, Mitchell 27.36 30.20	JR	Punahou School	57.28	57.56	QUAL 3
4 Alapa, Tiloi 26.79 30.87	SR	Kamehameha Schools Kapalama-I	58.42	57.66	QUAL 2
5 Smart, Jay 27.38 31.43	JR	Punahou School	58.56	58.81	QUAL 1
6 Pea, Ryan 27.45 32.08	SR	Kamehameha Schools Kapalama-I	59.27	59.53	CONS
7 Nakatsuka, Kyle 27.77 32.22	JR	Kamehameha Schools Kapalama-I	59.99	59.99	CONS
8 Grune, Connor 27.94 32.29	SO	Iolani School	1:00.08	1:00.23	CONS
9 Lee Loy, Evan 28.55 33.38	JR	Kamehameha Schools Kapalama-I	1:01.59	1:01.93	CONS
10 Tanaka, Bryce 29.34 34.28	SO	Pac-5-HI	1:04.69	1:03.62	
11 Lum, Patrick 29.80 35.48	FR	Pac-5-HI	1:03.35	1:05.28	
--- Frifeldt, Jason 25.63 29.27	SR	Punahou School	54.74	DQ	

**Event 13 Girls 100 Yard Freestyle****56.69 QUAL****59.09 CONS**

Name	Yr	School	Seed Time	Finals Time	Points
1 Fujita, Rachel 25.55 27.49	SR	Punahou School	54.56	53.04	QUAL 6
2 Kimura, Kelcie 26.32 28.55	JR	Iolani School	54.85	54.87	QUAL 4

**ILH Varsity Swim & Dive Championships - 1/29/2010 to 1/30/2010****Punahou School****Results****(Event 13 Girls 100 Yard Freestyle)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
3	Ayabe, Asia 27.40 28.25	SR	Iolani School	57.11	55.65	QUAL 3
4	Kahanamoku-Snelling, Sara 26.90 28.94	SO	Punahou School	56.58	55.84	QUAL 2
5	Chan, Chelsea 26.74 29.35	SR	Pac-5-HI	57.98	56.09	QUAL 1
6	Yamashiroya, Jodie 27.29 29.08	SR	Iolani School	57.99	56.37	QUAL
7	Anding, Erin 27.16 29.52	SR	Le Jardin Academy-HI	57.35	56.68	QUAL
8	Namba, Zoe 27.27 29.81	SO	Punahou School	57.02	57.08	CONS
9	Fricke, Colleen 27.60 29.49	SO	Punahou School	57.41	57.09	CONS
10	Ai, Kehau 28.02 31.14	JR	Kamehameha Schools Kapalama-I	58.63	59.16	
11	Kusao, Skye 28.86 30.81	SR	Iolani School	1:00.61	59.67	
12	Yamaguchi, Eri 29.10 31.30	SR	Pac-5-HI	1:00.10	1:00.40	
13	Cleghorn, Libby 30.65 34.31	SR	Le Jardin Academy-HI	1:04.00	1:04.96	
14	Loui, Taylor 30.65 34.82	SR	Kamehameha Schools Kapalama-I	1:02.95	1:05.47	
15	Wilcox-Blundell, Tori 31.43 34.71	JR	Le Jardin Academy-HI	1:07.64	1:06.14	
16	Mukai, Jaime 32.01 35.00	SO	Pac-5-HI	1:08.19	1:07.01	
17	Folden, Jillian	SR	Kamehameha Schools Kapalama-I	1:10.10	1:09.30	

**Event 14 Boys 100 Yard Freestyle****50.69 QUAL****53.29 CONS**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1	Blau, Jacob 23.73 25.53	JR	Le Jardin Academy-HI	50.43	49.26	QUAL 6
2	Fee, Thomas 24.41 25.50	SR	Punahou School	50.35	49.91	QUAL 4
3	Lim, David 23.91 26.10	JR	Iolani School	50.75	50.01	QUAL 3
4	Hamamoto, Evan 24.09 26.35	FR	Iolani School	50.78	50.44	QUAL 2
5	Bolan, Griffin 24.56 27.21	SO	Punahou School	51.86	51.77	CONS 1
6	Nichols, Chris 24.76 27.59	JR	Iolani School	52.41	52.35	CONS
7	Akiona, Gary 25.22 27.25	JR	Kamehameha Schools Kapalama-I	52.69	52.47	CONS
8	Liu, Andrew 25.64 28.35	JR	Pac-5-HI	55.12	53.99	
9	Richmond, Mitchell 26.15 28.19	JR	Punahou School	51.98	54.34	

**ILH Varsity Swim & Dive Championships - 1/29/2010 to 1/30/2010****Punahou School****Results****(Event 14 Boys 100 Yard Freestyle)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
10	Toba, Jared 26.94 27.56	SR	Punahou School	55.81	54.50	
11	Pea, Ryan 26.33 29.31	SR	Kamehameha Schools Kapalama-I	53.75	55.64	
12	Elsen, Josh 26.57 29.15	SR	Island Pacific Academy-HI	55.68	55.72	
13	Kurzeja, Brian 26.92 29.02	SO	Le Jardin Academy-HI	56.57	55.94	
14	Hartwell, Tom 26.83 29.37	JR	Iolani School	NT	56.20	
15	Warren, Taylor 27.06 29.28	SO	Hananlani School-HI	56.08	56.34	
16	Millar, Shaun 27.83 31.52	JR	Le Jardin Academy-HI	58.00	59.35	
17	Sprague, Chris 29.03 31.98	SO	Le Jardin Academy-HI	1:01.58	1:01.01	
18	Sterling, Allen 29.78 32.13	SR	Pac-5-HI	1:02.59	1:01.91	
19	Balais, Gabriel 29.70 33.92	SO	Pac-5-HI	1:03.72	1:03.62	
20	Retke, Devin 30.46 33.43	FR	Pac-5-HI	1:05.16	1:03.89	

**Event 15 Girls 500 Yard Freestyle****5:30.89 QUAL****5:45.09 CONS**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1	Whang, Caitlyn 29.00 31.96 32.49 30.61 29.47	FR	Iolani School	5:16.83 32.10	5:16.15	QUAL 6
2	Muranaka, Natsuko 29.01 32.01 32.66 30.94 30.71	FR	Pac-5-HI	5:17.15 32.22	5:17.92	QUAL 4
3	Randall, Rachel 29.29 32.51 32.99 32.57 30.54	SR	Le Jardin Academy-HI	5:23.43 33.21	5:22.83	QUAL 3
4	Deer, LillyBelle 28.39 31.76 32.79 33.12 32.07	JR	Punahou School	5:28.48 32.90	5:23.44	QUAL 2
5	Rask, Kendra 29.37 32.71 33.26 34.10 32.18	JR	Punahou School	5:32.26 34.26	5:30.81	QUAL 1
6	Kaneshiro, Caitlin 30.18 33.89 34.71 34.32 33.51	FR	Punahou School	5:32.64 33.80	5:38.11	CONS
7	Lui, Courtney 30.42 33.54 33.62 35.92 32.20	JR	Iolani School	5:37.69 35.18	5:38.24	CONS
8	Zane, Heather 30.06 33.65 34.31 36.43 35.99	SO	Punahou School	5:33.31 36.01	5:45.36	

**ILH Varsity Swim & Dive Championships - 1/29/2010 to 1/30/2010****Punahou School****Results****(Event 15 Girls 500 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
9 Fukada, Keileen	JR	Iolani School	5:55.90	5:46.89	
31.17 34.21 35.03	34.78 34.59 35.37	35.18	35.76		
35.82 34.98					
10 Nagata, Kelcie-lei	SR	Iolani School	5:57.45	5:51.13	
31.27 34.13 35.43	35.44 35.85 36.43	36.73	36.50		
35.28 34.07					
11 Hara, Reverie	SR	Pac-5-HI	5:57.58	5:58.86	
32.33 34.86 35.96	36.16 36.49 37.06	36.81	37.13		
36.65 35.41					
12 Omija, Rikki	JR	Kamehameha Schools Kapalama-I	6:14.45	6:13.60	
32.93 35.94 37.01	37.91 38.16 38.49	38.95	38.66		
38.29 37.26					

**Event 16 Boys 500 Yard Freestyle****5:05.59 QUAL****5:31.79 CONS**

Name	Yr	School	Seed Time	Finals Time	Points
1 Jones, Kevin	SR	Iolani School	4:53.58	4:47.08	QUAL 6
26.09 28.83 29.33	29.72 29.64 29.71	28.71	28.96		
28.91 27.18					
2 Ai, Kale	FR	Kamehameha Schools Kapalama-I	4:57.36	4:47.52	QUAL 4
26.35 28.93 29.38	29.47 29.57 29.48	29.16	29.26		
28.80 27.12					
3 Moy, Kevin	SR	Punahou School	4:52.30	4:52.78	QUAL 3
26.07 28.90 29.56	29.76 29.49 29.80	29.74	30.05		
30.00 29.41					
4 Kawano, Noel	SR	Kamehameha Schools Kapalama-I	4:54.88	4:57.17	QUAL 2
26.53 29.05 29.62	30.32 30.30 30.81	30.11	30.60		
30.27 29.56					
5 Gilliland, Marcus	SO	Kamehameha Schools Kapalama-I	5:09.63	5:00.98	QUAL 1
26.58 29.77 30.62	31.10 30.88 31.03	30.47	30.70		
30.49 29.34					
6 Saunders, Ryan	JR	Punahou School	4:54.64	5:04.11	QUAL
26.89 29.69 30.79	30.64 31.10 31.02	31.21	31.06		
31.36 30.35					
7 Kumashiro, Nathan	SR	Pac-5-HI	5:27.58	5:30.80	CONS
28.67 31.76 32.71	32.44 33.45 34.05	34.38	34.57		
35.18 33.59					
8 Nakatsuka, Kyle	JR	Kamehameha Schools Kapalama-I	5:34.06	5:32.47	
28.43 32.12 33.40	33.65 33.47 36.32	34.73	35.29		
33.66 31.40					
9 Butters, Jacob	JR	Iolani School	5:34.24	5:33.40	
28.97 32.15 33.19	33.05 33.65 34.12	33.99	35.22		
36.11 32.95					

**Event 17 Girls 200 Yard Freestyle Relay****1:46.39 QUAL****1:54.09 CONS**

Team	Relay	Seed Time	Finals Time	Points
1 Punahou School	A	1:44.81	1:40.54	QUAL 12
1) Kahanamoku-Snelling, Sara	2) Namba, Zoe	SO	3) Fujita, Rachel	SR
25.80 25.17 23.80	25.77		4) Deer, LillyBelle	JR

**ILH Varsity Swim & Dive Championships - 1/29/2010 to 1/30/2010****Punahou School****Results****(Event 17 Girls 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
2 Iolani School	A	1:44.02	1:41.46 QUAL	8
1) Kimura, Kelcie JR 25.22 25.52 25.77	2) Yamashiroya, Jodie SR 24.95	3) Lui, Courtney JR	4) Ayabe, Asia SR	
3 Pac-5-HI	A	1:43.84	1:44.14 QUAL	6
1) Muranaka, Natsuko FR 26.19 28.12 25.35	2) Yamaguchi, Eri SR 24.48	3) Chan, Chelsea SR	4) Moody, Sammy SR	
4 Kamehameha Schools Kapala	A	1:47.17	1:47.97 CONS	4
1) Wada, Kaylee SR 27.12 26.18 26.94	2) Garrigan, Brittney SO 27.73	3) Ai, Kehau JR	4) Loui, Taylor SR	
5 Le Jardin Academy-HI	A	1:50.47	1:50.09 CONS	2
1) Anding, Erin SR 26.73 28.58 29.06	2) Ing, Larisa SR 25.72	3) Cleghorn, Libby SR	4) Randall, Rachel SR	

**Event 18 Boys 200 Yard Freestyle Relay****1:35.49 QUAL****1:44.09 CONS**

Team	Relay	Seed Time	Finals Time	Points
1 Punahou School	A	1:31.27	1:29.67 QUAL	12
1) Frifeldt, Jason SR 22.28 22.97 21.80	2) Okimura, Marc SR 22.62	3) Kiessling, Robert JR	4) Bolan, Griffin SO	
2 Iolani School	A	1:31.66	1:30.26 QUAL	8
1) Nichols, Chris JR 23.52 21.51 22.62	2) Johnson, Kacy SO 22.61	3) Jones, Kevin SR	4) Hamamoto, Evan FR	
3 Kamehameha Schools Kapala	A	1:32.44	1:33.28 QUAL	6
1) Amina, Tyler SR 23.21 22.73 23.99	2) Naone, Kaikena FR 23.35	3) Akiona, Gary JR	4) Alapa, Tiloi SR	
4 Le Jardin Academy-HI	A	1:38.67	1:38.51 CONS	4
1) Carmody, Andrew SO 24.91 26.31 25.11	2) Millar, Shaun JR 22.18	3) Kurzeja, Brian SO	4) Blau, Jacob JR	
5 Pac-5-HI	A	1:40.26	1:48.63	2
1) Retke, Devin FR 29.14 26.52 27.31	2) Magota, Jonathan SO 25.66	3) Tanaka, Bryce SO	4) Kumashiro, Nathan SR	

**Event 19 Girls 100 Yard Backstroke****1:04.09 QUAL****1:08.39 CONS**

Name	Yr School	Seed Time	Finals Time	Points
1 Ng, Naomi 29.95 32.23	SO Punahou School	1:03.93	1:02.18 QUAL	6
2 Liu, Chelsea 30.43 32.98	SR Pac-5-HI	1:05.20	1:03.41 QUAL	4
3 Kaalekahi, Kaiulani 30.51 33.08	JR Pac-5-HI	1:04.67	1:03.59 QUAL	3
4 Chun, Sandy 30.49 33.27	SO Iolani School	1:05.11	1:03.76 QUAL	2
5 Anding, Erin 31.04 33.59	SR Le Jardin Academy-HI	1:04.58	1:04.63 CONS	1
6 Ontai, Allyson 30.75 34.29	SO Kamehameha Schools Kapalama-1	1:05.27	1:05.04 CONS	
7 Cowan, Kelia 31.76 34.01	JR Iolani School	1:06.14	1:05.77 CONS	
8 Sasaki, Alyssa 33.11 34.18	FR Iolani School	1:06.24	1:07.29 CONS	

**ILH Varsity Swim & Dive Championships - 1/29/2010 to 1/30/2010****Punahou School****Results****(Event 19 Girls 100 Yard Backstroke)**

Name	Yr	School	Seed Time	Finals Time	Points
9 Muraoka, Alyssa 32.69 34.77	JR	Iolani School	1:07.80	1:07.46	CONS
10 Colbert, Carey 32.72 34.93	SR	Punahou School	1:09.09	1:07.65	CONS
11 Ikeda, Kristi 34.01 35.38	SO	Punahou School	1:11.29	1:09.39	
12 Moore, Natalie 33.58 36.41	FR	Punahou School	1:08.62	1:09.99	
13 Fajota, Bryeana 34.74 37.27	JR	Pac-5-HI	1:11.78	1:12.01	
14 Ogino, Jayme 36.87 38.38	SR	Kamehameha Schools Kapalama-I	1:18.38	1:15.25	
15 Agoot, Keyah-Leilani 36.84 39.44	SR	Kamehameha Schools Kapalama-I	1:17.42	1:16.28	
16 Kimi, Amanda 37.56 39.94	SR	Kamehameha Schools Kapalama-I	1:16.87	1:17.50	
--- Mueller, Elizabeth	FR	Pac-5-HI	1:13.69	DQ	

**Event 20 Boys 100 Yard Backstroke****59.79 QUAL****1:05.09 CONS**

Name	Yr	School	Seed Time	Finals Time	Points
1 Ng, Nigel 27.60 28.83	JR	Punahou School	57.83	56.43	QUAL 6
2 Ai, Kale 28.46 29.17	FR	Kamehameha Schools Kapalama-I	57.82	57.63	QUAL 4
3 Hirstein, Austin 28.19 29.66	FR	Island Pacific Academy-HI	57.78	57.85	QUAL 3
4 Lim, David 29.34 30.19	JR	Iolani School	58.77	59.53	QUAL 2
5 Bickerton, Buster 29.19 31.25	FR	Punahou School	1:01.02	1:00.44	CONS 1
6 Terada, Sean 29.77 31.63	FR	Kamehameha Schools Kapalama-I	1:01.28	1:01.40	CONS
7 Lane, Benjamin 31.34 33.04	SR	Mid-Pacific Institute-HI	1:06.18	1:04.38	CONS
8 Bolan, Griffin 1:05.42	SO	Punahou School	1:02.52	1:04.99	CONS
9 Carmody, Andrew 32.29 33.06	SO	Le Jardin Academy-HI	1:05.22	1:05.35	
10 Ma, Christopher 33.62 35.70	JR	Pac-5-HI	1:08.71	1:09.32	

**Event 21 Girls 100 Yard Breaststroke****1:12.29 QUAL****1:15.89 CONS**

Name	Yr	School	Seed Time	Finals Time	Points
1 Halemano, Brandi 33.19 36.58	JR	Punahou School	1:11.23	1:09.77	QUAL 6
2 Chan, Chelsea 33.11 36.89	SR	Pac-5-HI	1:12.15	1:10.00	QUAL 4
3 Ippongi, Tyra 34.80 39.09	SO	Pac-5-HI	1:14.33	1:13.89	CONS 3

**ILH Varsity Swim & Dive Championships - 1/29/2010 to 1/30/2010****Punahou School****Results****(Event 21 Girls 100 Yard Breaststroke)**

Name	Yr	School	Seed Time	Finals Time	Points
4 Kheradpey, Shireen 34.47 39.94	JR	Iolani School	1:13.87	1:14.41	CONS 2
5 Chung, Jennifer 34.51 39.96	FR	Punahou School	1:13.02	1:14.47	CONS 1
6 Hennies, Sarah 35.01 39.69	JR	Hananlani School-HI	1:13.57	1:14.70	CONS
7 Wong, Rachel 36.11 40.95	JR	Pac-5-HI	1:18.77	1:17.06	
8 Yamaguchi, Eri 36.41 40.83	SR	Pac-5-HI	1:18.93	1:17.24	
9 Bystrom, Bianca 36.84 40.54	JR	Iolani School	1:18.30	1:17.38	
10 Fricke, Colleen 36.48 41.16	SO	Punahou School	1:18.55	1:17.64	
11 Ohira, Kelsey 36.97 42.07	JR	Iolani School	1:19.58	1:19.04	
12 Luke, Lauren 38.40 42.30	SR	Kamehameha Schools Kapalama-I	1:22.48	1:20.70	
13 Rodrigue, Murielle 38.17 42.84	SO	Le Jardin Academy-HI	1:19.89	1:21.01	
14 Ing, Larisa 38.48 42.78	SR	Le Jardin Academy-HI	1:22.15	1:21.26	
15 Boyer, Lauren 38.64 43.52	FR	Punahou School	1:20.40	1:22.16	
16 Arakaki, Aleena 43.71 50.40	SR	Kamehameha Schools Kapalama-I	1:33.73	1:34.11	
--- Kaniho, Catia Marie 34.65 38.63	SO	Kamehameha Schools Kapalama-I	1:12.49	DQ	

**Event 22 Boys 100 Yard Breaststroke****1:04.89 QUAL****1:09.19 CONS**

Name	Yr	School	Seed Time	Finals Time	Points
1 Okimura, Marc 27.74 31.48	SR	Punahou School	59.85	59.22	QUAL 6
2 Uy, Evan 28.62 32.05	JR	Kamehameha Schools Kapalama-I	1:01.83	1:00.67	QUAL 4
3 Yee, Alex 29.22 32.68	JR	Pac-5-HI	1:03.22	1:01.90	QUAL 3
4 Nishida, Jonathan 29.37 33.14	SO	Punahou School	1:03.78	1:02.51	QUAL 2
5 Amina, Tyler 30.36 35.25	SR	Kamehameha Schools Kapalama-I	1:05.78	1:05.61	CONS 1
6 Hartley, Kevin 31.21 35.15	FR	Kamehameha Schools Kapalama-I	1:06.09	1:06.36	CONS
7 Rounds, Kai 31.29 35.15	SR	Punahou School	1:06.62	1:06.44	CONS
8 Lee Loy, Evan 32.19 36.15	JR	Kamehameha Schools Kapalama-I	1:09.15	1:08.34	CONS
9 Lum, Andrew 31.86 37.05	SO	Punahou School	1:10.21	1:08.91	CONS
10 Tanaka, Bryce 32.71 37.41	SO	Pac-5-HI	1:10.31	1:10.12	

**ILH Varsity Swim & Dive Championships - 1/29/2010 to 1/30/2010****Punahou School****Results****(Event 22 Boys 100 Yard Breaststroke)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
11	Magota, Jonathan 33.77 38.03	SO	Pac-5-HI	1:11.50	1:11.80	
12	Chun, Ryan 34.07 37.74	SO	Le Jardin Academy-HI	1:14.22	1:11.81	
13	Shimanoff, Jackson 37.13 43.83	SO	Le Jardin Academy-HI	1:26.33	1:20.96	

**Event 23 Girls 400 Yard Freestyle Relay****3:56.19 QUAL****4:16.99 CONS**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1	Punahou School	A	3:47.02	3:40.99 QUAL	12
	1) Hirose-Hulbert, Brailey JR 27.58 56.99 15.77	2) Namba, Zoe SO 56.17 24.49 51.99	3) Fujita, Rachel SR 26.47 55.84	4) Deer, LillyBelle JR	
2	Iolani School	A	3:45.62	3:44.13 QUAL	8
	1) Yamashiroya, Jodie SR 27.41 55.99 26.17	2) Whang, Caitlyn FR 54.48 26.71 57.22	3) Lui, Courtney JR 27.13 56.44	4) Sasaki, Kira SR	
3	Pac-5-HI	A	3:45.73	3:46.34 QUAL	6
	1) Muranaka, Natsuko FR 26.72 55.52 27.14	2) Kaalekahi, Kaiulani JR 57.28 28.06 59.49	3) Liu, Chelsea SR 25.90 54.05	4) Moody, Sammy SR	
4	Kamehameha Schools Kapala	A	3:58.43	3:56.12 QUAL	4
	1) Goodness, Charlea JR 28.56 59.37 27.21	2) Garrigan, Brittney SO 58.85 27.85 59.02	3) Ai, Kehau JR 27.91 58.88	4) Kaniho, Catia Marie SO	

**Event 24 Boys 400 Yard Freestyle Relay****3:32.49 QUAL****3:59.99 CONS**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1	Iolani School	A	3:19.42	3:16.99 QUAL	12
	1) Johnson, Kacy SO 23.09 47.24 23.71	2) Jones, Kevin SR 49.21 23.78 50.03	3) Hamamoto, Evan FR 24.01 50.51	4) Lim, David JR	
2	Punahou School	A	3:22.58	3:17.87 QUAL	8
	1) Fee, Thomas SR 24.61 50.61 22.98	2) Kiessling, Robert JR 48.09 22.95 49.06	3) Frifeldt, Jason SR 15.27 50.11	4) Smart, Jay JR	
3	Kamehameha Schools Kapala	A	3:27.44	3:24.74 QUAL	6
	1) Naone, Kaikena FR 24.39 51.40 24.32	2) Kawano, Noel SR 51.14 24.35 52.08	3) Gilliland, Marcus SO 23.72 50.12	4) Uy, Evan JR	
4	Pac-5-HI	A	3:52.41	3:49.37 CONS	4
	1) Liu, Andrew JR 25.81 54.22 29.04	2) Sterling, Allen SR 1:02.08 27.47 59.86	3) Lum, Patrick FR 25.19 53.21	4) Yee, Alex JR	