

## 2009-10 ILH Swimming and Diving All Star First Team Selection

Event	Girls	School	Boys	School
1 Meter Diving	Kathryn Chinn	Punahou	Spencer Madanay	Punahou
50 Yard Freestyle	Rachel Fujita	Punahou	Jason Frifeldt	Punahou
100 Yard Freestyle	Rachel Fujita	Punahou	Jacob Blau	Le Jardin
200 Yard Freestyle	Natsuko Muranaka	Pac-5	Kevin Jones	Iolani
500 Yard Freestyle	Caitlyn Whang	Iolani	Kevin Jones	Iolani
100 Yard Backstroke	Naomi Ng	Punahou	Nigel Ng	Punahou
100 Yard Breaststroke	Brandi Halemano	Punahou	Marc Okimura	Punahou
100 Yard Butterfly	Samantha Moody	Pac-5	Kacy Johnson	Iolani
200 Yard Individual Medley	Charlea Goodness	Kamehameha	Kacy Johnson	Iolani
200 Yard Freestyle Relay	LillyBelle Deer	Punahou	Griffin Bolan	Punahou
	Rachel Fujita		Jason Frifeldt	
	Sara Kahanamoku-Snelling		Robert Kiessling	
	Zoe Namba		Marc Okimura	
400 Yard Freestyle Relay	LillyBelle Deer	Punahou	Evan Hamamoto	Iolani
	Rachel Fujita		Kacy Johnson	
	Sara Kahanamoku-Snelling		Kevin Jones	
	Zoe Namba		David Lim	
200 Yard Medley Relay	Brandi Halemano	Punahou	Thomas Fee	Punahou
	Brailey Hirose-Hulbert		Andrew Lum	
	Sara Kahanamoku-Snelling		Nigel Ng	
	Naomi Ng		Marc Okimura	

## 2009-10 ILH Swimming and Diving All Star Second Team Selection

1 Meter Diving	Maria Zarka	St. Andrew's Priory		
50 Yard Freestyle	Samantha Moody	Pac-5	Jacob Blau	Le Jardin
100 Yard Freestyle	Kelcie Kimura	Iolani	Thomas Fee	Punahou
200 Yard Freestyle	Kira Sasaki	Iolani	Robert Kiessling	Punahou
500 Yard Freestyle	Natsuko Muranaka	Pac-5	Kale Ai	Kamehameha
100 Yard Backstroke	Chelsea Liu	Pac-5	Kale Ai	Kamehameha
100 Yard Breaststroke	Chelsea Chan	Pac-5	Evan Uy	Kamehameha
100 Yard Butterfly	Caitlyn Whang	Iolani	Andrew Lum	Punahou
200 Yard Individual Medley	LillyBelle Deer	Punahou	Marc Okimura	Punahou
200 Yard Freestyle Relay	Asia Ayabe	Iolani	Evan Hamamoto	Iolani
	Kelcie Kimura		Kacy Johnson	
	Courtney Lui		Kevin Jones	
	Jodie Yamashiroya		Chris Nicholas	
400 Yard Freestyle Relay	Courtney Lui	Iolani	Thomas Fee	Punahou
	Kira Sasaki		Jason Frifeldt	
	Caitlyn Whang		Robert Kiessling	
	Jodie Yamashiroya		Jay Smart	
200 Yard Medley Relay	Asia Ayabe	Iolani	Kale Ai	Kamehameha
	Shireen Kheradpey		Tiloi Alapa	
	Kelcie Kimura		Tyler Amina	
	Caitlyn Whang		Evan Uy	
ILH Female Swimmer of the Year	Samantha Moody	Pac-5		
ILH Male Swimmer of the Year	Kevin Jones	Iolani		
ILH Female Diver of the Year	Kathryn Chinn	Punahou		
ILH Male Diver of the Year	Spencer Madanay	Punahou		
Coach of the Year-Girls	Jeff Meister	Punahou		
Coach of the Year-Boys	Jeff Meister	Punahou		