

ILH Varsity and JV Swim - 1/23/2009**Punahou School****Results - ILH JV & Varsity Swim Meet****Event 3 Girls 200 Yard Medley Relay**

2:03.09 QUAL
2:10.49 CONS

Team	Relay	Finals Time	
1 PSC	A	1:59.31	QUA
1) Ng, Naomi FR	2) Halemano, Brandi SO		
3) Moy, Malina JR	4) Simms, Christel SR		
2 LJA	A	2:06.24	CONS
1) Randall, Rachel JR	2) Kirley, Erin SR		
3) Anding, Erin JR	4) Miller, Mackenzie SR		
3 IOL	A	2:09.47	CONS
1) Morrissey, Kelli JR	2) Ayabe, Asia JR		
3) Ohira, Kelsey SO	4) Lui, Courtney JR		
4 IOL	B	2:10.53	
1) Muraoka, Alyssa SO	2) Bystrom, Bianca SO		
3) Li, Carolyn SR	4) Hee, Michelle JR		
5 PSC	B	2:14.03	
1) Matsuoka, Carli FR	2) Zweng, Grace FR		
3) Oshiro, Kelly SR	4) Price, Shayna JR		
6 KS	B	2:16.45	
1) Kawano, Katherine FR	2) Oguma, Kamri FR		
3) Wada, Kaylee JR	4) Alama, Jamie Lynn SO		
7 KS	A	2:19.46	
1) Kimi, Amanda JR	2) Yamamoto, Mariah SO		
3) Ogino, Jayme JR	4) Loui, Taylor JR		
8 LJA	B	2:38.80	
1) Goldner, Sarah SO	2) Morgan, Rachel FR		
3) Rodrigue, Murielle FR	4) Sanborn, Kailana JR		

Event 4 Boys 200 Yard Medley Relay

1:53.99 QUAL
2:01.99 CONS

Team	Relay	Finals Time	
1 PSC	A	1:45.72	QUA
1) Chern, Avery SR	2) Allison, Mark SR		
3) Frifeldt, Jason JR	4) Kiessling, Ruddy SR		
2 IOL	A	1:55.48	CONS
1) Lim, David SO	2) Weber, Chase SR		
3) Hartwell, Tom SO	4) Grune, Conner FR		
3 IOL	B	1:56.36	CONS
1) Jones, Kevin JR	2) Bernstein, Vladimer SO		
3) Chang, Grant SO	4) Nichols, Chris SO		
4 KS	A	1:56.37	CONS
1) Kawano, Noel JR	2) Amina, Tyler JR		
3) Chang, Christopher JR	4) Pea, Ryan JR		
5 PSC	B	2:00.40	CONS
1) Kamisugi, Chad SO	2) Lam, Matt FR		
3) Toba, Jared JR	4) Polansky, David JR		
6 KS	B	2:03.94	
1) Seto, Keenan SO	2) Nakatsuka, Kyle SO		
3) Tancayo, Kaelin SR	4) Hopkins, Moku SO		
7 PAC-5-HI	A	2:04.06	
1) Ma, Christopher SO	2) Suehiro, Roshan SR		
3) Tanaka, Bryce FR	4) Magota, Jonathan FR		

Event 5 Girls 200 Yard Freestyle

2:07.09 QUAL
2:09.99 CONS

Name	Yr School	Finals Time	
1 Deer, LillyBelle	SO PSC	2:02.54	QUA
2 Nakamura, Catherine	SR PAC-5-HI	2:05.98	QUA
3 Randall, Rachel	JR LJA	2:06.58	QUA
4 Anding, Erin	JR LJA	2:07.85	CONS
5 Hirai, Remy	SR KS	2:08.47	CONS
6 Masatsugu, Lea	SR IOL	2:08.86	CONS
7 Chun, Stephanie	SR IOL	2:09.90	CONS
8 Cowan, Kelia	SO IOL	2:10.12	
9 Kusao, Skye	JR IOL	2:12.68	
10 Muilenburg, Danielle	JR PSC	2:12.87	
11 Fricke, Colleen	FR PSC	2:14.72	
12 Miller, Courtney	FR PSC	2:16.26	
13 Matsuoka, Chelsie	SR PAC-5-HI	2:16.68	
14 Kimura, Jennifer	JR IOL	2:17.93	
15 Klein, Olivia	SR PAC-5-HI	2:19.55	
16 Omija, Rikki	SO KS	2:20.31	
17 Sinclair, Anna	SO PSC	2:20.80	
18 Kawano, Katherine	FR KS	2:22.92	
19 Galeai, Cara Ann	SO PAC-5-HI	2:24.01	
20 Matsuoka, Carli	FR PSC	2:24.14	
21 Won, Courtney	SO PSC	2:24.40	
22 Fuller, Chimera	SO MPI-HI	2:26.52	
23 Saylor, Jessi	SR IOL	2:30.26	
24 Tanigawa, Sara	JR PAC-5-HI	2:31.43	
25 Alama, Jamie Lynn	SO KS	2:46.56	

Event 6 Boys 200 Yard Freestyle

1:56.99 QUAL
2:00.99 CONS

Name	Yr School	Finals Time	
1 Rounds, Kai	JR PSC	1:58.45	CONS
2 Lim, David	SO IOL	1:58.61	CONS
3 Sugimoto, Tyler	JR PAC-5-HI	1:59.09	CONS
4 Yee, Alex	SO PAC-5-HI	1:59.42	CONS
5 Kumashiro, Nathan	JR PAC-5-HI	2:02.02	
6 Pea, Ryan	JR KS	2:04.00	
7 Butters, Jacob	SO IOL	2:04.22	
8 Liu, Andrew	SO PAC-5-HI	2:04.50	
9 Yamada, Grant	SR PAC-5-HI	2:04.59	
10 Char, Cedric	FR PSC	2:06.21	
11 Amina, Tyler	JR KS	2:12.20	
12 Goya, MacKenzie	SO WLA	2:13.82	
13 Lee, Christopher	SO PSC	2:15.93	
14 Leota, Nicholas	SO KS	2:17.42	
15 Lawson, Joseph	SO LBS-HI	2:17.83	
16 Hopkins, Moku	SO KS	2:31.03	

Event 7 Girls 100 Yard IM

Name	Yr School	Finals Time
1 Shimabukuro, Cadie	FR IOL	1:08.89
2 Kheradpey, Shireen	SO IOL	1:09.38
3 Woolley, Monica	FR PSC	1:11.12
4 Ohira, Kelsey	SO IOL	1:11.67

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(Event 7 Girls 100 Yard IM)

Name	Yr School	Finals Time
5 Ing, Lauren	SR PSC	1:12.47
6 Bystrom, Bianca	SO IOL	1:14.12
7 Hatanaka, Akari	SO IOL	1:15.55
8 Hatakeyama, Caitlin	FR PSC	1:16.13
9 Sidun, Ali	FR PAC-5-HI	1:16.59
10 Shibata, Sarina	FR PSC	1:17.63
11 Ellis-Lui-Kwan, Kai	FR KS	1:20.20
12 Kahanu, Alexis	FR KS	1:22.98
--- Goodness, Charlea	SO KS	DQ

Event 8 Boys 100 Yard IM

Name	Yr School	Finals Time
1 Imada, Brandon	FR PSC	1:02.13
2 Rogers, Chris	SO PSC	1:02.73
3 Hartwell, Tom	SO IOL	1:07.05
4 Nishida, Jeff	JR PSC	1:07.82
5 Aknin, Kai	FR PSC	1:08.41
6 Wong, Russell	FR PSC	1:08.92
7 Toba, Jared	JR PSC	1:09.43
8 Li, Jeff	FR PSC	1:12.44
9 Balais, Gabriel	FR PAC-5-HI	1:13.07
10 Chan, Calvin	SO IOL	1:16.31

Event 9 Girls 200 Yard IM

2:24.09 QUAL
2:30.39 CONS

Name	Yr School	Finals Time	
1 Simms, Christel	SR PSC	2:10.81	QUA
2 Rask, Kendra	SO PSC	2:22.02	QUA
3 Kaniho, Catia	FR KS	2:22.62	QUA
4 Halemano, Brandi	SO PSC	2:24.88	CONS
5 Wada, Kaylee	JR KS	2:26.42	CONS
6 Ippongi, Tyra	FR PAC-5-HI	2:27.79	CONS
7 Nagata, Kelcie-lei	JR IOL	2:31.00	
8 Oshiro, Kelly	SR PSC	2:38.57	
9 Lau, Jaryn	SR PAC-5-HI	2:52.69	
10 Onaka, Iris	FR PSC	2:54.28	

Event 10 Boys 200 Yard IM

2:09.89 QUAL
2:16.19 CONS

Name	Yr School	Finals Time	
1 Moy, Kevin	JR PSC	2:06.71	QUA
2 Frifeldt, Jason	JR PSC	2:08.73	QUA
3 Weinhardt, Eric	SR PAC-5-HI	2:10.79	CONS
4 Nishida, Jonathan	FR PSC	2:18.39	
5 Kamisugi, Chad	SO PSC	2:23.87	
6 Suehiro, Roshan	SR PAC-5-HI	2:23.92	
7 Saito, Ryan	SR KS	2:24.90	
8 Akiona, Kalei	SO KS	2:27.74	
9 Ching, Joshua	SR PAC-5-HI	2:28.40	
10 Tanaka, Bryce	FR PAC-5-HI	2:28.53	
11 Magota, Jonathan	FR PAC-5-HI	2:29.53	
12 Ma, Christopher	SO PAC-5-HI	2:30.83	
--- Ng, Nigel	SO PSC	DQ	

Event 11 Girls 50 Yard Freestyle

26.09 QUAL
26.99 CONS

Name	Yr School	Finals Time	
1 Fujita, Rachel	JR PSC	24.62	QUA
2 Chan, Chelsea	JR PAC-5-HI	25.87	QUA
3 Nakamura, Catherine	SR PAC-5-HI	26.28	CONS
4 Ayabe, Asia	JR IOL	26.55	CONS
5 Namba, Zoe	FR PSC	26.56	CONS
6 Miller, Mackenzie	SR LJA	26.68	CONS
7 Lui, Courtney	JR IOL	26.74	CONS
8 Chinen, Caylee	SO PAC-5-HI	26.77	CONS
9 Randall, Rachel	JR LJA	26.79	CONS
10 Ng, Naomi	FR PSC	26.92	CONS
11 Sasaki, Kira	JR IOL	26.94	CONS
12 Kirley, Erin	SR LJA	27.09	
13 Garrigan, Brittney	FR KS	27.16	
14 Richmond, Terry	SR PSC	27.24	
15 Kheradpey, Shireen	SO IOL	27.35	
16 Galeai, Cara Ann	SO PAC-5-HI	27.72	
17 Ing, Larisa	JR LJA	28.24	
18 Fajota, Bryeana	SO PAC-5-HI	28.34	
19 Morrissey, Kelli	JR IOL	28.45	
20 Fukada, Keileen	SO IOL	28.46	
21 Won, Courtney	SO PSC	28.74	
22 Colbert, Carey	JR PSC	28.77	
23 Howser, Candice	SR PAC-5-HI	28.86	
24 Muraoka, Alyssa	SO IOL	28.89	
25 Loui, Taylor	JR KS	29.13	
26 Kimura, Jennifer	JR IOL	29.33	
27 Sidun, Ali	FR PAC-5-HI	29.66	
28 Hatanaka, Akari	SO IOL	29.88	
29 Cleghorn, Libby	JR LJA	29.98	
*30 Choy, Allisa	SO PSC	30.34	
*30 Smith, Mia	JR PSC	30.34	
32 McCarthy, Calla	SO PSC	30.51	
33 Ebia, Renee	SR KS	30.67	
34 Hashemi, Kathrin	JR PSC	30.72	
35 Hee, Michelle	JR IOL	31.19	
36 Sutton, Jamie	FR LJA	31.21	
37 Kahanu, Alexis	FR KS	31.29	
38 Barham, Morgan	SR WLA	31.90	
39 Goldner, Sarah	SO LJA	32.62	
40 Wilcox, Tori	SO LJA	32.80	
41 Arakawa, Allison	SO PAC-5-HI	33.39	
42 Sanborn, Kailana	JR LJA	35.12	
43 Morgan, Rachel	FR LJA	36.19	

Event 12 Boys 50 Yard Freestyle

23.29 QUAL
23.99 CONS

Name	Yr School	Finals Time	
1 Johnson, Kacy	FR IOL	22.38	QUA
2 Simoes, Geramiah	SR IOL	22.44	QUA
3 Kiessling, Ruddy	SR PSC	22.46	QUA
4 Fife, Taylor	JR IPA-HI	22.92	QUA

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(Event 12 Boys 50 Yard Freestyle)

Name	Yr School	Finals Time		
5 Kiessling, Robert	SO PSC	22.93	QUA	
6 Gaspar-Asaoka, Rayfe	SR IOL	23.04	QUA	
7 Pickering, Kila	SR KS	23.12	QUA	
8 White, Ian	FR IOL	23.20	QUA	
9 Ai, Kirby	SR KS	23.29	QUA	
10 Chow, Randal	FR PSC	23.56	CONS	
11 Fee, Thomas	JR PSC	23.57	CONS	
12 Okimura, Marc	JR PSC	23.61	CONS	
13 Weber, Chase	SR IOL	23.67	CONS	
14 Uy, Evan	SO KS	23.88	CONS	
15 Smart, Jay	SO PSC	23.91	CONS	
16 Nichols, Chris	SO IOL	23.92	CONS	
17 Alapa, Tiloi	JR KS	24.06		
18 Richmond, Mitchell	SO PSC	24.33		
19 Seto, Keenan	SO KS	24.57		
20 Imada, Brandon	FR PSC	24.66		
21 Lim, Vincent	SR IOL	24.67		
22 Kawano, Noel	JR KS	24.71		
23 Elsen, Josh	JR IPA-HI	24.77		
24 Yamada, Grant	SR PAC-5-HI	25.03		
25 Fong, Dustin	SR MPI-HI	25.20		
26 Carmody, Andrew	FR LJA	25.59		
27 Lee Loy, Evan	SO KS	25.65		
28 Blau, Jeremy	SR LJA	25.86		
29 Suehiro, Roshan	SR PAC-5-HI	26.23		
30 Grune, Conner	FR IOL	26.39		
31 Grozen-Smith, Mark	SO IOL	26.44		
32 Campbell, Colton	SO LJA	26.71		
33 Tancayo, Kaelin	SR KS	26.78		
34 Park, Matthew	SO MPI-HI	26.93		
35 Aknin, Kai	FR PSC	26.98		
36 Chang, Grant	SO IOL	27.12		
37 Lam, Matt	FR PSC	27.94		
38 Hung, Michael	SR PAC-5-HI	28.97		
39 Yamaguchi, Ian	JR MPI-HI	29.36		
40 Santiago, Braeden	SO KS	30.04		
41 Chun, Ryan	FR LJA	30.93		
42 Doi, Nicholas	FR PAC-5-HI	31.28		
43 Suzuki, Keiji	SO PAC-5-HI	31.85		

Event 13 Girls 100 Yard Butterfly

1:04.99 QUAL

1:08.19 CONS

Name	Yr School	Finals Time		
1 Li, Carolyn	SR IOL	1:03.42	QUA	
2 Sasaki, Kira	JR IOL	1:03.67	QUA	
3 Kirley, Erin	SR LJA	1:04.87	QUA	
4 Wada, Kaylee	JR KS	1:05.79	CONS	
5 Garrigan, Brittney	FR KS	1:06.02	CONS	
6 Cadell, Kimberlee	SR KS	1:06.33	CONS	
7 Liu, Chelsea	JR PAC-5-HI	1:06.85	CONS	
8 Uyeno, Naomi	SO PSC	1:07.62	CONS	
9 Chan, Chelsea	JR PAC-5-HI	1:07.89	CONS	
10 Ontai, Allyson	FR KS	1:08.03	CONS	
11 Ippongi, Tyra	FR PAC-5-HI	1:08.93		

12 Wong, Rachel	SO PAC-5-HI	1:09.54		
13 Moy, Malina	JR PSC	1:10.83		
14 Matsuoka, Chelsie	SR PAC-5-HI	1:11.28		
15 Ogino, Jayme	JR KS	1:14.34		
16 Joyce, Eimile	SO PSC	1:23.81		

Event 14 Boys 100 Yard Butterfly

58.99 QUAL

1:02.49 CONS

Name	Yr School	Finals Time		
1 Frifeldt, Jason	JR PSC	56.36	QUA	
2 Kiessling, Robert	SO PSC	57.75	QUA	
3 Lum, Andrew	FR PSC	59.43	CONS	
4 Saunders, Ryan	SO PSC	59.83	CONS	
5 Jones, Kevin	JR IOL	1:00.44	CONS	
6 Richmond, Mitchell	SO PSC	1:01.00	CONS	
7 Alapa, Tiloi	JR KS	1:02.45	CONS	
8 Lee Loy, Evan	SO KS	1:06.23		
9 Nishida, Jeff	JR PSC	1:07.69		
10 Elsen, Josh	JR IPA-HI	1:07.79		
11 Tanaka, Bryce	FR PAC-5-HI	1:08.53		
12 Chang, Grant	SO IOL	1:10.08		
13 Magota, Jonathan	FR PAC-5-HI	1:10.33		
14 Wong, Russell	FR PSC	1:12.18		

Event 15 Girls 100 Yard Freestyle

57.49 QUAL

59.39 CONS

Name	Yr School	Finals Time		
1 Rask, Kendra	SO PSC	56.58	QUA	
2 Chun, Stephanie	SR IOL	56.79	QUA	
3 Deer, LillyBelle	SO PSC	56.96	QUA	
4 Cadell, Kimberlee	SR KS	57.54	CONS	
5 Baker, Elise	SR PSC	57.76	CONS	
6 Yamashiroya, Jodie	JR IOL	58.27	CONS	
7 Anding, Erin	JR LJA	58.55	CONS	
8 Chun, Sandy	FR IOL	58.59	CONS	
9 Miller, Mackenzie	SR LJA	58.70	CONS	
10 Richmond, Terry	SR PSC	58.94	CONS	
11 Masatsugu, Lea	SR IOL	59.01	CONS	
12 Chinen, Caylee	SO PAC-5-HI	59.33	CONS	
13 Kaniho, Catia	FR KS	1:00.01		
14 Kusao, Skye	JR IOL	1:00.70		
15 Ontai, Allyson	FR KS	1:00.90		
16 Price, Shayna	JR PSC	1:01.67		
17 Tsuruda, Paige	JR WLA	1:02.14		
18 Morrissey, Kelli	JR IOL	1:02.28		
19 Bigelow, Kiana	JR PSC	1:02.95		
20 Fabro, Caleigh	FR PAC-5-HI	1:03.21		
21 Fuller, Chimera	SO MPI-HI	1:03.36		
22 Loui, Taylor	JR KS	1:04.72		
23 Yamamoto, Mariah	SO KS	1:05.40		
24 Rodrigue, Murielle	FR LJA	1:06.50		
25 Henyan, Melissa	FR PAC-5-HI	1:07.34		
26 Piro, Angelina	SO KS	1:10.10		
27 Zweng, Grace	FR PSC	1:10.45		
28 Oguma, Kamri	FR KS	1:10.78		

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(Event 15 Girls 100 Yard Freestyle)

Name	Yr School	Finals Time
29 Hee, Michelle	JR IOL	1:11.17
30 Carias, Arielle	SR PAC-5-HI	1:11.45
31 Arakawa, Allison	SO PAC-5-HI	1:12.49
32 Wilcox, Tori	SO LJA	1:13.25
33 Sutton, Jamie	FR LJA	1:15.31
34 Goldner, Sarah	SO LJA	1:15.79
35 Pang, Kellianne	SO PAC-5-HI	1:16.90
36 Morgan, Rachel	FR LJA	1:19.66

Event 16 Boys 100 Yard Freestyle

52.29 QUAL

53.39 CONS

Name	Yr School	Finals Time	
1 Johnson, Kacy	FR IOL	48.02	QUA
2 Simoes, Geramiah	SR IOL	48.21	QUA
3 Fife, Taylor	JR IPA-HI	49.46	QUA
4 Gaspar-Asaoka, Rayfe	SR IOL	50.50	QUA
5 Fee, Thomas	JR PSC	50.84	QUA
6 Chern, Avery	SR PSC	51.20	QUA
7 Jones, Kevin	JR IOL	52.71	CONS
8 Yee, Alex	SO PAC-5-HI	52.98	CONS
9 Gilliland, Aukai	FR KS	53.03	CONS
10 Pickering, Kila	SR KS	53.69	
11 Smart, Jay	SO PSC	53.76	
12 Nichols, Chris	SO IOL	54.10	
13 Sugimoto, Tyler	JR PAC-5-HI	54.73	
14 Liu, Andrew	SO PAC-5-HI	54.88	
15 Akiona, Kalei	SO KS	55.05	
16 Pea, Ryan	JR KS	55.15	
17 Butters, Jacob	SO IOL	56.59	
18 Rogers, Chris	SO PSC	56.81	
19 Amina, Tyler	JR KS	56.94	
20 Blau, Jeremy	SR LJA	57.17	
21 Chang, Christopher	JR KS	57.52	
22 Grozen-Smith, Mark	SO IOL	58.78	
23 Hartwell, Tom	SO IOL	58.93	
24 Goya, MacKenzie	SO WLA	59.94	
25 Tancayo, Kaelin	SR KS	1:00.29	
26 Campbell, Colton	SO LJA	1:00.76	
27 Lawson, Joseph	SO LBS-HI	1:01.60	
28 Bernstein, Vladimer	SO IOL	1:01.74	
29 Hung, Michael	SR PAC-5-HI	1:02.20	
30 Chan, Calvin	SO IOL	1:02.51	
31 Li, Jeff	FR PSC	1:02.82	
32 Park, Matthew	SO MPI-HI	1:03.00	
33 Yamaguchi, Ian	JR MPI-HI	1:03.64	
34 Polansky, David	JR PSC	1:03.82	
35 Suzuki, Keiji	SO PAC-5-HI	1:09.64	

Event 17 Girls 500 Yard Freestyle

5:45.99 QUAL

5:55.59 CONS

Name	Yr School	Finals Time	
1 Fujita, Rachel	JR PSC	5:18.35	QUA
2 Zane, Heather	FR PSC	5:42.21	QUA

3 Steele, Megan	JR PSC	5:44.41	QUA
4 Cowan, Kelia	SO IOL	5:47.66	CONS
5 Fukada, Keileen	SO IOL	5:48.07	CONS
6 Muilenburg, Danielle	JR PSC	5:49.24	CONS
7 Namba, Zoe	FR PSC	5:51.52	CONS
8 Miyashiro, Tara	SR PAC-5-HI	5:55.15	CONS
9 Fujiyama, Nanea	SR KS	5:55.90	
10 Ai, Kehau	SO KS	5:56.10	
11 Nagata, Kelcie-lei	JR IOL	6:04.32	

Event 18 Boys 500 Yard Freestyle

5:18.99 QUAL

5:39.99 CONS

Name	Yr School	Finals Time	
1 Moy, Kevin	JR PSC	4:56.55	QUA
2 Uy, Evan	SO KS	5:18.54	QUA
3 Lim, David	SO IOL	5:23.34	CONS
4 Kumashiro, Nathan	JR PAC-5-HI	5:34.42	CONS
5 Lane, Benjamin	JR MPI-HI	5:37.15	CONS
6 Nakatsuka, Kyle	SO KS	5:37.85	CONS
7 Grune, Conner	FR IOL	6:00.05	
8 Seto, Keenan	SO KS	6:03.50	

Event 19 Girls 200 Yard Freestyle Relay

1:48.99 QUAL

1:55.79 CONS

Team	Relay	Finals Time	
1 IOL	B	1:46.76	QUA
1) Yamashiroya, Jodie JR	2) Masatsugu, Lea SR		
3) Chun, Sandy FR	4) Kheradpey, Shireen SO		
2 PSC	A	1:48.22	QUA
1) Namba, Zoe FR	2) Deer, LillyBelle SO		
3) Steele, Megan JR	4) Baker, Elise SR		
3 IOL	A	1:51.60	CONS
1) Chun, Stephanie SR	2) Hatanaka, Akari SO		
3) Nagata, Kelcie-lei JR	4) Kusao, Skye JR		
4 PAC-5-HI	B	1:53.82	CONS
1) Liu, Chelsea JR	2) Arakawa, Allison SO		
3) Howser, Candice SR	4) Chinen, Caylee SO		
5 KS	B	1:56.87	
1) Ai, Kehau SO	2) Goodness, Charlea SO		
3) Yamamoto, Mariah SO	4) Alama, Jamie Lynn SO		
6 PSC	B	1:56.90	
1) Uyeno, Naomi SO	2) Miller, Courtney FR		
3) Shibata, Sarina FR	4) Sinclair, Anna SO		
7 PAC-5-HI	A	1:59.49	
1) Galeai, Cara Ann SO	2) Pang, Kellianne SO		
3) Carias, Arielle SR	4) Fajota, Breyana SO		
8 KS	A	2:03.23	
1) Loui, Taylor JR	2) Ogino, Jayme JR		
3) Omija, Rikki SO	4) Oguma, Kamri FR		
9 LJA	A	2:08.52	
1) Sutton, Jamie FR	2) Wilcox, Tori SO		
3) Goldner, Sarah SO	4) Rodrigue, Murielle FR		

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Event 20 Boys 200 Yard Freestyle Relay

1:38.89 QUAL

1:47.49 CONS

Team	Relay	Finals Time	
1 PSC	A	1:33.99	QUA
1) Saunders, Ryan SO	2) Rounds, Kai JR		
3) Okimura, Marc JR	4) Kiessling, Robert SO		
2 KS	A	1:38.76	QUA
1) Alapa, Tiloi JR	2) Lee Loy, Evan SO		
3) Uy, Evan SO	4) Chang, Christopher JR		
3 KS	B	1:39.07	CONS
1) Akiona, Kalei SO	2) Gilliland, Aukai FR		
3) Pea, Ryan JR	4) Amina, Tyler JR		
4 IOL	A	1:39.17	CONS
1) Hartwell, Tom SO	2) White, Ian FR		
3) Jones, Kevin JR	4) Butters, Jacob SO		
5 IOL	B	1:47.83	
1) Grozen-Smith, Mark SO	2) Bernstein, Vladimer SO		
3) Grune, Conner FR	4) Chang, Grant SO		
6 PSC	B	1:49.42	
1) Lee, Christopher SO	2) Li, Jeff FR		
3) Nishida, Jeff JR	4) Wong, Russell FR		
7 PAC-5-HI	A	1:49.59	
1) Ma, Christopher SO	2) Magota, Jonathan FR		
3) Tanaka, Bryce FR	4) Suehiro, Roshan SR		

Event 21 Girls 100 Yard Backstroke

1:06.49 QUAL

1:10.39 CONS

Name	Yr School	Finals Time	
1 Simms, Christel	SR PSC	57.73	QUA
2 Ng, Naomi	FR PSC	1:05.07	QUA
3 Liu, Chelsea	JR PAC-5-HI	1:05.90	QUA
4 Chun, Sandy	FR IOL	1:07.65	CONS
5 Howser, Candice	SR PAC-5-HI	1:08.98	CONS
6 Shimabukuro, Cadie	FR IOL	1:09.07	CONS
7 Colbert, Carey	JR PSC	1:09.15	CONS
8 Goodness, Charlea	SO KS	1:09.94	CONS
9 Steele, Megan	JR PSC	1:10.70	
10 Zane, Heather	FR PSC	1:11.22	
11 Oshiro, Kelly	SR PSC	1:13.42	
12 Saylor, Jessi	SR IOL	1:15.09	
13 Henyan, Melissa	FR PAC-5-HI	1:15.44	
14 Fajota, Breyana	SO PAC-5-HI	1:17.23	
15 Ogino, Jayme	JR KS	1:18.55	
16 Donlon, Erica	FR MPI-HI	1:18.59	
17 Ebia, Renee	SR KS	1:22.10	
18 Barham, Morgan	SR WLA	1:22.39	

Event 22 Boys 100 Yard Backstroke

1:03.19 QUAL

1:07.09 CONS

Name	Yr School	Finals Time	
1 Chern, Avery	SR PSC	56.08	QUA
2 White, Ian	FR IOL	57.38	QUA
3 Ng, Nigel	SO PSC	59.55	QUA
4 Kiessling, Ruddy	SR PSC	1:01.32	QUA

5 Kawano, Noel	JR KS	1:02.13	QUA
6 Allison, Mark	SR PSC	1:03.11	QUA
7 Lum, Andrew	FR PSC	1:05.06	CONS
8 Carmody, Andrew	FR LJA	1:05.22	CONS
9 Kamisugi, Chad	SO PSC	1:05.38	CONS
10 Ai, Kirby	SR KS	1:05.57	CONS
11 Ching, Joshua	SR PAC-5-HI	1:07.67	
12 Lane, Benjamin	JR MPI-HI	1:07.76	
13 Chang, Christopher	JR KS	1:09.13	
14 Polansky, David	JR PSC	1:13.91	
15 Ma, Christopher	SO PAC-5-HI	1:14.00	
16 Doi, Nicholas	FR PAC-5-HI	1:23.86	

Event 23 Girls 100 Yard Breaststroke

1:15.29 QUAL

1:17.79 CONS

Name	Yr School	Finals Time	
1 Halemano, Brandi	SO PSC	1:11.10	QUA
2 Baker, Elise	SR PSC	1:14.58	QUA
3 Li, Carolyn	SR IOL	1:14.84	QUA
4 Tsuruda, Paige	JR WLA	1:15.01	QUA
5 Ayabe, Asia	JR IOL	1:16.37	CONS
6 Lui, Courtney	JR IOL	1:16.49	CONS
7 Yamashiroya, Jodie	JR IOL	1:18.13	
8 Wong, Rachel	SO PAC-5-HI	1:18.33	
9 Hirai, Remy	SR KS	1:19.48	
10 Ing, Larisa	JR LJA	1:19.81	
11 Bystrom, Bianca	SO IOL	1:19.99	
12 Muraoka, Alyssa	SO IOL	1:21.85	
13 Ohira, Kelsey	SO IOL	1:22.20	
14 Miller, Courtney	FR PSC	1:22.42	
15 Moy, Malina	JR PSC	1:23.05	
16 Rodrigue, Murielle	FR LJA	1:24.69	
17 Riggs, Tori	SO PSC	1:26.99	
18 Matsuoka, Carli	FR PSC	1:27.48	
19 Carias, Arielle	SR PAC-5-HI	1:28.19	
20 Zweng, Grace	FR PSC	1:28.41	
21 Oguma, Kamri	FR KS	1:29.46	
22 Tanigawa, Sara	JR PAC-5-HI	1:29.53	
23 Yamamoto, Mariah	SO KS	1:29.76	
24 Fabro, Caleigh	FR PAC-5-HI	1:30.36	
25 Donlon, Erica	FR MPI-HI	1:33.66	
26 Ellis-Lui-Kwan, Kai	FR KS	1:34.08	
27 Pang, Kellianne	SO PAC-5-HI	1:35.50	
28 Vieira, Kim	SO PSC	1:37.58	
29 Kawano, Katherine	FR KS	1:38.08	

Event 24 Boys 100 Yard Breaststroke

1:06.99 QUAL

1:09.19 CONS

Name	Yr School	Finals Time	
1 Okimura, Marc	JR PSC	1:00.94	QUA
2 Saunders, Ryan	SO PSC	1:07.11	CONS
3 Rounds, Kai	JR PSC	1:07.56	CONS
4 Weber, Chase	SR IOL	1:07.73	CONS
5 Weinhardt, Eric	SR PAC-5-HI	1:07.75	CONS
6 Nishida, Jonathan	FR PSC	1:08.03	CONS

ILH Varsity and JV Swim - 1/23/2009**Punahou School****Results - ILH JV & Varsity Swim Meet****(Event 24 Boys 100 Yard Breaststroke)**

Name	Yr School	Finals Time	
7 Fong, Dustin	SR MPI-HI	1:08.78	CONS
8 Chow, Randal	FR PSC	1:09.73	
9 Nakatsuka, Kyle	SO KS	1:10.62	
10 Lim, Vincent	SR IOL	1:11.08	
11 Saito, Ryan	SR KS	1:14.47	
12 Bernstein, Vladimer	SO IOL	1:16.79	
13 Chun, Ryan	FR LJA	1:20.17	
14 Balais, Gabriel	FR PAC-5-HI	1:20.76	
--- Gilliland, Aukai	FR KS	DQ	
--- Toba, Jared	JR PSC	DQ	

Event 25 Girls 400 Yard Freestyle Relay**4:01.09 QUAL****4:24.99 CONS**

Team	Relay	Finals Time	
1 PSC	A	3:49.77	QUA
1) Zane, Heather FR	2) Rask, Kendra SO		
3) Fujita, Rachel JR	4) Richmond, Terry SR		
2 IOL	A	3:59.38	QUA
1) Cowan, Kelia SO	2) Chun, Stephanie SR		
3) Sasaki, Kira JR	4) Lui, Courtney JR		
3 KS	A	4:09.87	CONS
1) Hirai, Remy SR	2) Fujiyama, Nanea SR		
3) Cadell, Kimberlee SR	4) Goodness, Charlea SO		
4 IOL	B	4:14.76	CONS
1) Saylor, Jessi SR	2) Fukada, Keileen SO		
3) Shimabukuro, Cadie FR	4) Kimura, Jennifer JR		
--- PSC	B	DQ	
1) Bigelow, Kiana JR	2) Oshiro, Kelly SR		
3) Joyce, Eimile SO	4) Ing, Lauren SR		

Event 26 Boys 400 Yard Freestyle Relay**3:42.89 QUAL****3:59.99 CONS**

Team	Relay	Finals Time	
1 IOL	A	3:25.73	QUA
1) White, Ian FR	2) Simoes, Geramiah SR		
3) Lim, David SO	4) Nichols, Chris SO		
2 PSC	A	3:27.75	QUA
1) Moy, Kevin JR	2) Fee, Thomas JR		
3) Frifeldt, Jason JR	4) Lum, Andrew FR		
3 IOL	B	3:27.84	QUA
1) Weber, Chase SR	2) Lim, Vincent SR		
3) Johnson, Kacy FR	4) Gaspar-Asaoka, Rayfe SR		
4 KS	A	3:29.97	QUA
1) Pickering, Kila SR	2) Ai, Kirby SR		
3) Gilliland, Aukai FR	4) Kawano, Noel JR		
5 PSC	B	3:47.79	CONS
1) Rogers, Chris SO	2) Toba, Jared JR		
3) Kamisugi, Chad SO	4) Smart, Jay SO		